Year 4 Pol-Ed Lessons

Curriculum Road Map

Year 4 expands pupils' understanding of inclusion, community and personal responsibility. Through strand one, pupils explore respect for diversity, including protected characteristics, and learn how to recognise and challenge discrimination. Within strand two, pupils develop practical skills for staying safe in different environments. In strand three, pupils learn how to build healthy habits that support emotional and physical wellbeing. This encourages pupils to act responsibly within their community and understand how their choices impact themselves and others.

1

- How can we be role models?
- What is a healthy friendship?
- What is peer influence?
- What is diversity?
- What are protected characteristics?
- Who makes up my community?
- What is discrimination?
- What is a hate crime?



2

- How can I keep safe in my local area?
- How can I respect my environment?
- Who do I encounter?
- What is first aid?
- What are hazards in the home?
- How can we keep safe on the road?

3

- How do my choices help me to be healthy?
- What are healthy habits?
- Why is food fuel?



- How does school build my character?
- What is my body trying to tell me?
- How can I be a hygiene hero?
- What can I be?

