**Challenge Cards – cut and laminate each of the cards then give to children on a key ring/treasury tag/string to keep at home.**

**Settings should reinforce that although experiences can support development in the ways suggested below, the activities often support learning in all areas of learning. In particular, Communication and Language should be encourage and developed within all of the activities listed below through interactions and discussions.**

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| Feed the birdsImage result for child feeding birdsThis helps me find out about living creatures that live in my world | Jump in puddlesImage result for jump in puddlesJumping up and down helps me develop my sense of motion, distance and coordination | Snuggle under a blanket for stories at bedtimeImage result for bedtime storiesThis helps me learn to read and strengthen my bond with my special grown ups |
| Chalk on the pavementImage result for chalking on pavementThis helps me make my mark for later drawing and writing skills | Make tracks in sand or mudImage result for sticks mark making mudThis helps me learn about patterns and shapes for later writing and drawing | Put your own shoes onImage result for child putting shoes onThis helps me develop my independence to learn and do things for myself |
| Talk about the moon and stars on a night walkImage result for child star gazingThis helps me learn about the world all around me | Build a really big sand castleImage result for child sand castleThis helps develop my hand-eye coordination and understanding of size | Make a list and go shoppingImage result for child's shopping listThis helps me understand that my special marks can have meaning. |
| Learn and sing number rhymes like ‘1,2,3,4,5, once I caught a fish alive’Image result for fishThis helps me with my counting skills | Count the stairs as you walk to bedImage result for child walking up stairsThis helps me with my counting skills | Make mud pieshttps://encrypted-tbn2.gstatic.com/images?q=tbn:ANd9GcQXghh5mkRw1l8vJe-j_mPkU9PAQFo5GCSuiprUV85bk3rc2nK5rgMessy play help stimulate the senses in my brain for learning |
| Sign your name (with your special marks) on a birthday cardImage result for birthday cardThis helps me understand that my special marks can have meaning. | Eat something you have grownImage result for picking strawberriesThis helps my understand where food comes from | Make a collection of objects e.g. shells, tickets, leaves etc.Image result for shell collectionThis helps me to develop my maths skills by sorting objects and looking at sizes, shapes and patterns |
| Blow the seeds off dandelion clocksImage result for blowing dandelion clockThis helps me develop the muscles in my mouth so I can make all of the sounds I need for speaking | Learn and sing ‘Old MacDonald had a farm’Image result for old macdonaldImitating the sounds of things I have heard encourages me to listen closely to sounds which helps me learn to read | Sort the washing e.g. pair matching socks.Image result for sock matchingThis helps me to develop my maths skills by sorting objects and looking at sizes and patterns |
| Join the library and borrow a bookImage result for join libraryThis helps me develop a love of books and an interest in the pictures I see | Make a reading tent to share stories inImage result for reading den parentThis helps me learn to read and strengthen my bond with my special grown ups | Pick daisiesImage result for child picking daisiesThis helps me develop the muscles in my fingers and my understanding of how things grow  |
| Go as high as you can on a swingImage result for 2 year old park swingSwinging helps me develop my sense of motion, distance and coordination | Play ‘I spy’ to find objects in a bookImage result for sharing a bookThis helps me develop a love of books and an interest in the pictures I see | Play footballImage result for two year old footballExercising my muscles helps my brain to develop |
|  |  |  |
| Find minibeasts e.g. a wriggly wormImage result for finding wormsThis helps me find out about living creatures that live in my world | Make a drum out of a tin can and beat it to your favourite songImage result for tin drumsThis helps me develop my sense of beat, rhythm and pattern. This helps me learn to read. | Paint on the ground with water & a brushImage result for child paint with waterThis helps me to develop my skills for writing and drawing |
| Do body painting e.g. handsImage result for child hand paintingMessy play help stimulate the senses in my brain for learning | Throw stones in the sea or in a streamImage result for throwing stones in seaExercising my muscles helps my brain to develop and helps me learn about distance, gravity and forces. | Make a picnic and take your teddyImage result for teddy bear picnicThis helps me be independent to do things for myself and develops my skill at using tools like a knife to spread. |