**Challenge Cards – cut and laminate each of the cards then give to children on a key ring/treasury tag/string to keep at home.**

**Settings should reinforce that although experiences can support development in the ways suggested below, the activities often support learning in all areas of learning. In particular, Communication and Language should be encourage and developed within all of the activities listed below through interactions and discussions.**

|  |  |  |
| --- | --- | --- |
| Feed the birds  [Image result for child feeding birds](https://www.google.co.uk/imgres?imgurl=http://www.helpingyouharmonise.com/sites/default/files/images/bird-feeding.jpg&imgrefurl=http://www.helpingyouharmonise.com/feedingthebirds&h=415&w=600&tbnid=63SpOtO0ZbP1SM:&docid=MWRbgUceYmlOkM&ei=y3GfVs-XFMusUcGVjtAD&tbm=isch&ved=0ahUKEwiPqfPwprjKAhVLVhQKHcGKAzoQMwgsKA8wDw)  This helps me find out about living creatures that live in my world | Jump in puddles  [Image result for jump in puddles](https://www.google.co.uk/imgres?imgurl=http://stayathomeeverything.com/wp-content/uploads/2014/03/puddle-picture.jpg&imgrefurl=http://stayathomeeverything.com/kids/sometimes-just-jump-puddles&h=1071&w=1600&tbnid=30PM6q_etGwJGM:&docid=U3Xh53mXISvrLM&ei=93GfVr7BD4T-UL_HrMgC&tbm=isch&ved=0ahUKEwj-mOyFp7jKAhUEPxQKHb8jCykQMwg4KBQwFA)  Jumping up and down helps me develop my sense of motion, distance and coordination | Snuggle under a blanket for stories at bedtime  [Image result for bedtime stories](https://www.google.co.uk/imgres?imgurl=http://www.parentinghealthybabies.com/wp-content/uploads/2015/10/11-must-read-bedtime-stories-for-your-3-and-4-Year-Old.jpg&imgrefurl=http://www.parentinghealthybabies.com/11-must-read-bedtime-stories-for-your-3-4-year-old/&h=383&w=575&tbnid=pC-9Ab9hiJcv2M:&docid=428RUUccwDR0FM&ei=WHKfVq_tE4bOPbbBktgJ&tbm=isch&ved=0ahUKEwiv-ZC0p7jKAhUGZw8KHbagBJs4ZBAzCFYoUzBT)  This helps me learn to read and strengthen my bond with my special grown ups |
| Chalk on the pavement  [Image result for chalking on pavement](https://www.google.co.uk/imgres?imgurl=http://previews.123rf.com/images/annems/annems1008/annems100800011/7632580-A-detail-of-a-child-s-colourful-chalk-picture-on-the-pavement-Stock-Photo.jpg&imgrefurl=http://www.123rf.com/photo_7632580_a-detail-of-a-child-s-colourful-chalk-picture-on-the-pavement.html&h=1033&w=1300&tbnid=H-FwfmAZ4B_umM:&docid=pqEW20I05j4VcM&ei=unKfVovqJ8yqaY-AmrAP&tbm=isch&ved=0ahUKEwiLr4Ljp7jKAhVMVRoKHQ-ABvYQMwguKBIwEg)  This helps me make my mark for later drawing and writing skills | Make tracks in sand or mud  [Image result for sticks mark making mud](https://www.google.co.uk/imgres?imgurl=http://4.bp.blogspot.com/_I1wBJVXIPb8/TNOuYVlu52I/AAAAAAAABgw/jWt6gw7STbI/s320/NPS%2Bmark%2Bmaking.jpg&imgrefurl=http://creativestarlearning.co.uk/developing-school-grounds-outdoor-spaces/lets-get-writing-outside/&h=240&w=320&tbnid=MwXV6brjZsQ7yM:&docid=G3XTMTuSgh9wyM&ei=CnWfVuu2B8TjO93npfAL&tbm=isch&ved=0ahUKEwjr44b9qbjKAhXE8Q4KHd1zCb4QMwg6KBYwFg)  This helps me learn about patterns and shapes for later writing and drawing | Put your own shoes on  [Image result for child putting shoes on](https://www.google.co.uk/imgres?imgurl=http://legonko.ru/wp-content/uploads/2014/09/aw645y.jpg&imgrefurl=http://legonko.ru/2014/09/08/sovety-po-pokupke-obuvi-dlya-rebenka/&h=525&w=390&tbnid=UboH-dc-RUvFNM:&docid=Ja9kVSKriqbo9M&ei=NnWfVtOBFsjOOpijsrAB&tbm=isch&ved=0ahUKEwjT9JKSqrjKAhVIpw4KHZiRDBYQMwhcKDgwOA)  This helps me develop my independence to learn and do things for myself |
| Talk about the moon and stars on a night walk  [Image result for child star gazing](https://www.google.co.uk/imgres?imgurl=http://www.informationenergymedicine-academy.com/wp-content/uploads/star-gazing.jpg&imgrefurl=http://www.informationenergymedicine-academy.com/quantum-tantra/&h=281&w=400&tbnid=55w19Tq3fBiVxM:&docid=ZfBkRGTkQKck9M&ei=c3WfVr6jJMLWPLWgiagE&tbm=isch&ved=0ahUKEwj-qKyvqrjKAhVCKw8KHTVQAkUQMwg4KBQwFA)  This helps me learn about the world all around me | Build a really big sand castle  [Image result for child sand castle](https://www.google.co.uk/imgres?imgurl=https://raisingmadison.files.wordpress.com/2011/07/dsc_0564.jpg&imgrefurl=https://raisingmadison.wordpress.com/2011/07/08/camping-with-toddlers/&h=2000&w=3008&tbnid=Y8lwqiQyXP5qrM:&docid=5hVrX9FmhubbyM&ei=2HWfVqqAO8KsPsf-ksAH&tbm=isch&ved=0ahUKEwiqzNffqrjKAhVClg8KHUe_BHgQMwgmKAowCg)  This helps develop my hand-eye coordination and understanding of size | Make a list and go shopping  [Image result for child's shopping list](https://www.google.co.uk/imgres?imgurl=http://atkinsondrive.srmmedia.netdna-cdn.com/wp-content/uploads/2012/07/FindingTomatoes.jpg&imgrefurl=http://www.atkinsondrive.com/printable-toddler-shopping-list/&h=1200&w=1200&tbnid=Xo7g7MXsyNOyXM:&docid=2aAhvvSUkLudMM&ei=FXafVqbkKsSya6DbgcgO&tbm=isch&ved=0ahUKEwjmwtL8qrjKAhVE2RoKHaBtAOkQMwgoKAwwDA)  This helps me understand that my special marks can have meaning. |
| Learn and sing number rhymes like ‘1,2,3,4,5, once I caught a fish alive’  [Image result for fish](https://www.google.co.uk/imgres?imgurl=http://images.clipartpanda.com/clipart-fish-MiLL8eAia.png&imgrefurl=http://www.clipartpanda.com/categories/clipart-fish-images&h=4431&w=6805&tbnid=AGYmZsMOOPjc9M:&docid=LjxAdWoVuiC_fM&ei=yXafVp37IsP2PoeZmdgO&tbm=isch&ved=0ahUKEwjdg7XSq7jKAhVDuw8KHYdMBusQMwhIKCQwJA)  This helps me with my counting skills | Count the stairs as you walk to bed  [Image result for child walking up stairs](https://www.google.co.uk/imgres?imgurl=http://sarahlipoff.com/wp-content/uploads/2011/08/So-says-Sarah-I-do-it.jpg&imgrefurl=http://sarahlipoff.com/2011/08/19/self-reliant-preschoolers/&h=524&w=350&tbnid=W70i4gkWMplD0M:&docid=J9cs9b0A-AVPJM&ei=S3efVuevAYOTPqSavLgM&tbm=isch&ved=0ahUKEwingZKQrLjKAhWDiQ8KHSQND8cQMwgrKA8wDw)  This helps me with my counting skills | Make mud pies  [https://encrypted-tbn2.gstatic.com/images?q=tbn:ANd9GcQXghh5mkRw1l8vJe-j_mPkU9PAQFo5GCSuiprUV85bk3rc2nK5rg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwiByeTJrLjKAhVHWRoKHVztBZwQjRwIBw&url=http://homeschoolersavvy.typepad.com/homeschooler_savvy/works_for_me_homeschool_curriculums/&bvm=bv.112064104,d.d24&psig=AFQjCNGX8D2vN-NK3F1lQH_sPLrvUH7HgA&ust=1453377806866276)  Messy play help stimulate the senses in my brain for learning |
| Sign your name (with your special marks) on a birthday card  [Image result for birthday card](https://www.google.co.uk/imgres?imgurl=http://greetings.kalpoint.com/cards/card83-4492.jpg&imgrefurl=http://greetings.kalpoint.com/cards/events/birthday/birthday-cards-4492.html&h=480&w=640&tbnid=hiV4lnY1kl8b2M:&docid=vxnkx0AM6B_yzM&ei=_XefVqvhCsibPr6ajKAG&tbm=isch&ved=0ahUKEwjr04vlrLjKAhXIjQ8KHT4NA2QQMwhRKC0wLQ)  This helps me understand that my special marks can have meaning. | Eat something you have grown  [Image result for picking strawberries](https://www.google.co.uk/imgres?imgurl=http://www.piecesofvictoria.com/international/wp-content/uploads/2012/12/Sunny-Ridge-Strawberry-Farm-2.jpg&imgrefurl=http://www.piecesofvictoria.com/international/2012/12/06/fruit-picking-adventures-in-fertile-victoria/&h=1771&w=2257&tbnid=8MMb3u8q6rfvgM:&docid=7jSmn4cnZe-rYM&ei=SHifVsKHG4LqarWXvcgC&tbm=isch&ved=0ahUKEwjCy_2IrbjKAhUCtRoKHbVLDykQMwgpKA0wDQ)  This helps my understand where food comes from | Make a collection of objects e.g. shells, tickets, leaves etc.  [Image result for shell collection](https://www.google.co.uk/imgres?imgurl=http://www.gannett-cdn.com/-mm-/ca447463e5d25a75bbb074582d306f91adc8fac7/c%3D427-0-6948-4902%26r%3Dx513%26c%3D680x510/local/-/media/Pensacola/Pensacola/2014/07/30/1406751929016-shells-17.jpg&imgrefurl=http://www.pnj.com/story/life/2014/08/02/yeah-obsessive-hobby/13423061/&h=510&w=680&tbnid=-UjYBLfVfSbqvM:&docid=kD3b8wzW-gm8EM&ei=f3ifVtTdGYHqPcnvsbgM&tbm=isch&ved=0ahUKEwiUmZmjrbjKAhUBdQ8KHcl3DMcQMwhdKDkwOQ)  This helps me to develop my maths skills by sorting objects and looking at sizes, shapes and patterns |
| Blow the seeds off dandelion clocks  [Image result for blowing dandelion clock](https://www.google.co.uk/imgres?imgurl=http://orig15.deviantart.net/3b30/f/2012/045/e/0/little_girl_blowing_a_dandelion_by_ramonfelinto-d4pq9zp.jpg&imgrefurl=http://imgtrendy.com/dandelion-blowing-drawing.html&h=1080&w=1920&tbnid=C1DNX4advtT_RM:&docid=W_RlVVTtClNhHM&ei=yHifVsiyK8S4PK3zqKgC&tbm=isch&ved=0ahUKEwjItpLGrbjKAhVEHA8KHa05CiUQMwgtKBEwEQ)  This helps me develop the muscles in my mouth so I can make all of the sounds I need for speaking | Learn and sing ‘Old MacDonald had a farm’  [Image result for old macdonald](https://www.google.co.uk/imgres?imgurl=https://artofpaulbennett.files.wordpress.com/2011/10/2010-12-21_old-macdonald-song-book_small.jpg&imgrefurl=https://artofpaulbennett.wordpress.com/2010-12-21_old-macdonald-song-book_small/&h=800&w=800&tbnid=MZKLGBUWcM_eUM:&docid=czjpoeqs5RmULM&ei=RHmfVtSNGMbIPMy0gaAJ&tbm=isch&ved=0ahUKEwjUv4-BrrjKAhVGJA8KHUxaAJQ4ZBAzCBooFzAX)  Imitating the sounds of things I have heard encourages me to listen closely to sounds which helps me learn to read | Sort the washing e.g. pair matching socks.  [Image result for sock matching](https://www.google.co.uk/imgres?imgurl=http://www.icanteachmychild.com/wp-content/uploads/2011/08/IMG_5630.jpg&imgrefurl=http://www.icanteachmychild.com/toddler-time-matching-socks/&h=466&w=700&tbnid=WoeLJnNchO8nEM:&docid=6x9_S46904rIYM&ei=cnmfVoGnKsTFOp29jvAJ&tbm=isch&ved=0ahUKEwiBqJmXrrjKAhXEog4KHZ2eA54QMwg8KBgwGA)  This helps me to develop my maths skills by sorting objects and looking at sizes and patterns |
| Join the library and borrow a book  [Image result for join library](https://www.google.co.uk/imgres?imgurl=https://www.brighton-hove.gov.uk/sites/brighton-hove.gov.uk/files/styles/bhcc_land_300x200/public/Mile%20Oak%20pic%202_0.JPG?itok%3DBSX6gtuW&imgrefurl=http://www.brighton-hove.gov.uk/content/leisure-and-libraries/libraries/join-library&h=200&w=300&tbnid=gzxvZATr8rwbDM:&docid=JE2tSMYA05GdlM&ei=F3qfVoryEsHxOYKQsugH&tbm=isch&ved=0ahUKEwjK2djlrrjKAhXBeA4KHQKIDH0QMwgtKBEwEQ)  This helps me develop a love of books and an interest in the pictures I see | Make a reading tent to share stories in  [Image result for reading den parent](https://www.google.co.uk/imgres?imgurl=https://www.cornmarketinsurance.co.uk/wp-content/uploads/2015/09/den.jpg&imgrefurl=https://www.cornmarketinsurance.co.uk/back-to-school-reading-nook-at-home/&h=1130&w=1699&tbnid=C3cERrLuGzKn7M:&docid=WTHzfK-OIrImcM&ei=YnqfVsTwAcbJPdSDhPAM&tbm=isch&ved=0ahUKEwjEqamJr7jKAhXGZA8KHdQBAc4QMwiGAShiMGI)  This helps me learn to read and strengthen my bond with my special grown ups | Pick daisies  [Image result for child picking daisies](https://www.google.co.uk/imgres?imgurl=http://images.freeimages.com/images/premium/previews/3990/39907714-child-picking-daisies.jpg&imgrefurl=http://www.freeimages.com/premium/child-picking-daisies-1853071&h=440&w=662&tbnid=7mvQOVmLJSxD9M:&docid=k4Ws0EkNEW9mNM&itg=1&ei=BXufVo-lMsOqPuCbk8gI&tbm=isch&ved=0ahUKEwjPu7bXr7jKAhVDlQ8KHeDNBIkQMwgmKAowCg)  This helps me develop the muscles in my fingers and my understanding of how things grow |
| Go as high as you can on a swing  [Image result for 2 year old park swing](https://www.google.co.uk/imgres?imgurl=http://www.pressdemocrat.com/csp/mediapool/sites/dt.common.streams.StreamServer.cls?STREAMOID%3DPHVQC5GkjGtyZK0G9wX$Ds$daE2N3K4ZzOUsqbU5sYvtm24D8oUZXF87Mt6tYAbFWCsjLu883Ygn4B49Lvm9bPe2QeMKQdVeZmXF$9l$4uCZ8QDXhaHEp3rvzXRJFdy0KqPHLoMevcTLo3h8xh70Y6N_U_CryOsw6FTOdKL_jpQ-%26CONTENTTYPE%3Dimage/jpeg&imgrefurl=http://www.pressdemocrat.com/news/3451100-181/record-high-and-super-dry&h=533&w=800&tbnid=frikmdaXA88OeM:&docid=7IFJT4EL2S386M&ei=PHyfVpOFJ8rtUovwt-gJ&tbm=isch&ved=0ahUKEwiTk9HrsLjKAhXKthQKHQv4DZ0QMwh0KFAwUA)  Swinging helps me develop my sense of motion, distance and coordination | Play ‘I spy’ to find objects in a book  [Image result for sharing a book](https://www.google.co.uk/imgres?imgurl=http://www.scottishbooktrust.com/files/teasers/bookbug-additional-support-.jpg&imgrefurl=http://www.scottishbooktrust.com/bookbug/sharing-books-rhymes/fun-with-reading/additional-support-needs&h=346&w=460&tbnid=ceFVG221yOCArM:&docid=Xe0CN2cLg4-6XM&ei=hnyfVorlE4v_ULy9qPAF&tbm=isch&ved=0ahUKEwiKwOKOsbjKAhWLPxQKHbweCl4QMwg8KBgwGA)  This helps me develop a love of books and an interest in the pictures I see | Play football  [Image result for two year old football](https://www.google.co.uk/imgres?imgurl=http://thumbs.dreamstime.com/z/little-girl-soccer-football-ball-two-year-old-holding-field-pitch-62516143.jpg&imgrefurl=http://www.dreamstime.com/stock-photo-little-girl-soccer-football-ball-two-year-old-holding-field-pitch-image62516143&h=1300&w=958&tbnid=dGLltYu1iR-SfM:&docid=__u2sr9WQ5G0jM&itg=1&ei=rnyfVrOhDIzdUYbMmsgK&tbm=isch&ved=0ahUKEwizsOShsbjKAhWMbhQKHQamBqkQMwgqKA4wDg)  Exercising my muscles helps my brain to develop |
|  |  |  |
| Find minibeasts e.g. a wriggly worm  [Image result for finding worms](https://www.google.co.uk/imgres?imgurl=http://inthemessy.com/wp-content/uploads/2014/02/Char_wormFB2.jpg&imgrefurl=http://inthemessy.com/2014/02/07/digging-worms/&h=604&w=453&tbnid=e2XWCU4jznMsPM:&docid=HMWdZjdGOd2OOM&ei=1HyfVri1IYzSU5T8gegO&tbm=isch&ved=0ahUKEwi474i0sbjKAhUM6RQKHRR-AO0QMwhiKD4wPg)  This helps me find out about living creatures that live in my world | Make a drum out of a tin can and beat it to your favourite song  [Image result for tin drums](https://www.google.co.uk/imgres?imgurl=https://s-media-cache-ak0.pinimg.com/736x/d9/97/bd/d997bdf136ac01372d745dad8db4f14b.jpg&imgrefurl=https://www.pinterest.com/pin/33495590948211896/&h=669&w=570&tbnid=naWZTYZAFw-UpM:&docid=cEWrAEDrUZzLMM&ei=FX2fVs_cHIWzUaurovgH&tbm=isch&ved=0ahUKEwiPu4PTsbjKAhWFWRQKHauVCH8QMwhOKCowKg)  This helps me develop my sense of beat, rhythm and pattern. This helps me learn to read. | Paint on the ground with water & a brush  [Image result for child paint with water](https://www.google.co.uk/imgres?imgurl=http://ourcraftsnthings.com/wp-content/uploads/2008/06/waterpaint21.jpg&imgrefurl=http://ourcraftsnthings.com/tag/painting-with-water/&h=508&w=381&tbnid=7L9-ZcdnsFTk6M:&docid=HtRe-7gr9NgN3M&ei=dX2fVomHLIHDUrzSkYgO&tbm=isch&ved=0ahUKEwjJlfaAsrjKAhWBoRQKHTxpBOEQMwgoKAwwDA)  This helps me to develop my skills for writing and drawing |
| Do body painting e.g. hands  [Image result for child hand painting](https://www.google.co.uk/imgres?imgurl=http://previews.123rf.com/images/karelnoppe/karelnoppe1210/karelnoppe121000046/15824015-Close-up-of-baby-hands-painting-mosaic--Stock-Photo-child.jpg&imgrefurl=http://www.123rf.com/photo_15824015_close-up-of-baby-hands-painting-mosaic.html&h=1300&w=1300&tbnid=BdL0iPwm4bPtzM:&docid=xR328wTQ-uLM3M&ei=tX2fVpG9Eoy3UaPwq5gJ&tbm=isch&ved=0ahUKEwjR656fsrjKAhWMWxQKHSP4CpMQMwg7KBcwFw)  Messy play help stimulate the senses in my brain for learning | Throw stones in the sea or in a stream  [Image result for throwing stones in sea](https://www.google.co.uk/imgres?imgurl=https://thereallarashoe.files.wordpress.com/2015/07/image20.jpg&imgrefurl=http://thereallarashoe.com/2015/07/27/stone-art/&h=540&w=720&tbnid=5kp75GWjZRecGM:&docid=KZ2be59z72XD8M&ei=EX6fVoHkHcrTU7SsopgC&tbm=isch&ved=0ahUKEwjBsJnLsrjKAhXK6RQKHTSWCCM4yAEQMwgKKAcwBw)  Exercising my muscles helps my brain to develop and helps me learn about distance, gravity and forces. | Make a picnic and take your teddy  [Image result for teddy bear picnic](https://www.google.co.uk/imgres?imgurl=http://clarasmenudotcom1.files.wordpress.com/2012/09/img_2953.jpg&imgrefurl=http://clarasmenu.com/2012/09/20/teddy-bear-picnic-party/&h=1936&w=2592&tbnid=Swe08JIJO1FXrM:&docid=cJd_waqOU7_3ZM&ei=Nn6fVoSJBYOBU5mrpaAB&tbm=isch&ved=0ahUKEwiE_NLcsrjKAhWDwBQKHZlVCRQQMwgtKBEwEQ)  This helps me be independent to do things for myself and develops my skill at using tools like a knife to spread. |