Year 1 Pol-Ed Lessons

Curriculum Road Map

Strand one of the Pol-Ed Curriculum for Year 1 strengthens pupil's confidence in expressing feelings, forming positive relationships and recognising when something doesn't feel right. Through strand two, pupils learn how to stay safe and seek help from trusted adults. In strand three, pupils begin to understand personal and shared responsibility and what it means to take ownership of their behaviour and choices. Year 1 builds on EYFS foundations and supports pupils to become increasingly independent and aware of how their actions affect others.

1

- How can I make friends?
- What if my friends are making me feel sad?
- How can I be an empathy expert?
- What do feelings feel like?
- What makes me special?
- How can I be an ally?

2

- How can I keep safe in new places?
- How can I use things at home safely?
- What is private information?
- How can I share my feelings?
- How can I speak up?
- Who are my trusted adults?

3

- How can I be responsible?
- What is bullying?
- Why is name calling unkind?
- Why have different rules in different places?
- What is 999?
- What do the police do?
- What can happen when rules are broken?





