

Risk continuum



A person drinking 5-10 glasses of strong alcohol (such as vodka) all at once

A teenager, under 18, drinking alcohol in the park

An adult drinking one glass of wine or one pint of beer, three nights a week

A woman drinking one standard-size glass of wine with a meal

more risk



less risk



Alcohol situation cards

Alcohol situation cards

Alcohol situation cards

Alcohol situation cards

A pregnant woman drinking alcohol

A person drinking alcohol and then driving

A man drinking four glasses of wine or four pints of beer most days

A person taking medicine and drinking alcohol

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