Year 3 Pol-Ed Lessons

Curriculum Road Map

Strand one of the Pol-Ed Curriculum for Year 3 helps pupils deepen their understanding of friendships, consent within social interactions and knowing when to seek help. Through strand two, they develop awareness of different types of risk and learn how to respond to emergencies. In strand three, pupils explore why rules and rights help to keep people safe. These lessons strengthen pupils' ability to navigate more complex social situations and broaden their understanding of their place in the wider community.

1

- Who are my key people?
- How should we treat people?
- What can I do when friendships go wrong?
- How does school help me?
- What is bullying?
- What do we mean by consent in friendships?

2

- What are emergency services?
- What are emergency situations?
- What do we mean by risk?
- How can I share my worries?
- What words can I use to talk about my feelings?
- When should I break a secret?

3

- How can I be a responsible citizen?
- What is the law and why do we have it?
- How do we enforce the law?
- What is mental health?
- How can vaccinations support our health?
- What are pupils' rights?
- How can intense feelings feel?
- What am I good at?





